

**The Annual
KCMHSAS
Cookout**
July 24, 2012
11:00 a.m.-1:00 p.m.

Held on the lawn at KCMHSAS
418 W. Kalamazoo Ave.

Individuals receiving services
from KCMHSAS and their
families are encouraged to
attend and enjoy this free
lunch event.

**HOTDOGS, CHIPS, DESSERTS,
AND BEVERAGES WILL BE
PROVIDED**

Financial support provided by the Michigan Department of Community Health

PEER MENTOR FOR ADULTS WITH DEVELOPMENTAL DISABILITIES



Pictured above: John Donlin, Peer Mentor for Adults with Developmental Disabilities.

The Peer Mentor will assist individuals served by KCMHSAS in accessing resources and services within the Kalamazoo community and the Mentor will guide a peer towards greater self-advocacy, empowerment and personal responsibility for their own success. Areas that Peer Mentors may provide assistance include: benefits planning, housing, transportation, post-secondary education, person-centered planning, and self-advocacy/self-determination.

Kathy Lentz, Senior Executive, Support Services for Persons with Developmental Disabilities, adds, "We think the DD Peer Mentor role will be another tool for assisting individuals to be more connected and involved in their communities and lead the lives that they choose. The DD Peer Mentor will help individuals lead a life of their choosing in their community-going beyond the offerings of the mental health system and using the entire community as a resource."

A notable asset of the Peer Mentor service is that the Mentor is able to share his or her unique experiences as a person with a disability. "I've been a part of navigating the system for several years. I've overcome hurdles myself learning how to access services and transportation. I remember how I felt trying to learn those things and I'm sure others feel the same way now and I can help them overcome the fear or anxiety they're facing as they seek to be more a part of the community," said John Donlin, Peer Mentor for Adults with Developmental Disabilities.

To access the Peer Mentor for Adults with Developmental Disabilities service, individuals must be receiving services through KCMHSAS. An individual's supports coordinator or other team member can make a referral for service and then the individual and Peer Mentor would meet to craft a work plan for the area of assistance requested. For additional information about this new service, individuals should contact the Self-Determination Supervisor or their Support Coordinator at (269) 553-8060.

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Kalamazoo County Mental Health Recovery Court (MHRC) initiative. The MHRC has operated in Kalamazoo since the fall of 2008, and KCMHSAS staff has worked closely with our local judiciary to improve the treatment of some individuals with infractions who have a mental illness and/or substance use disorder. Kalamazoo's Mental Health Recovery Court offers participating individuals the structure and tools to work on their personal recovery with the goal of avoiding incarceration and transforming participants' lives. Additional information about Kalamazoo's Mental Health Recovery Court can be found online at <http://goo.gl/yMVIF>.

**UPDATE ON
RED MED BOX**

In October 2011, Kalamazoo County launched the Red Med Box system, which is a year-round mechanism for disposal and take-back of prescription and over-the-counter medication. A coalition of Kalamazoo County agencies implemented the Red Med Box system, with the hope that this mechanism will keep household medications away from the wrong hands and from non-medical use and or abuse.

The Red Med Box program is off to a great start in 2012. For the first quarter of 2012, the program collected 587 lbs. of unwanted medications at our four locations. This is the equivalent of 300,000 pills.

Information on the Red Med Box and their locations in Kalamazoo County can be found at <http://www.redmedbox.com/>. Information on other substance abuse initiatives in Kalamazoo County can be found at <http://kzootaskforce.com>.

Location	Meds Collected
Kalamazoo Dept of Public Safety	131.4 lbs.
Kalamazoo County Sheriff's Office	56.8 lbs.
Kalamazoo Township Police Dept	98.5 lbs.
Portage Police Department	299.95 lbs.
Total	586.65 lbs.

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If you or someone you know needs help, please call the Access Center at
**(269) 373-6000 or
1 (888) 373-6200**
The Access Center can connect you with appropriate services.

EXECUTIVE MESSAGE

A MESSAGE FROM THE CHIEF EXECUTIVE OFFICER

DEAR READERS

This Spring has been extremely busy for Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS). We have had several events that have been useful in sharing information and helping guide our direction for the future.

On Monday, April 9, 2012, the Coalition for Excellence in Mental Health hosted a legislative event at the Western Michigan University Fetzer Center for stakeholders from the 9 Southwest Michigan counties. The event was geared around topic areas and the legislators and attendees rotated from table to table to participate in the discussions. It was a successful event and allowed everyone to interact and have open dialogue about some of the pressing issues.

On April 12, 2012, a Regional Community Mental Health Management Team Training/Planning Session on Health Homes and Person Centered Medical Homes was held at M-TEC at the KVCC Texas Township Campus. This session provided an overview and framework for two new emerging practice models: Health Home (HH) services, and the Person-Centered Medical Home (PCMH). The session provided KCMHSAS Leadership with a detailed conceptual overview of both models; and the competency development necessary to behavioral healthcare services at the

CMH-level within both models. It included an overview of how both models differ and how community mental health programs and primary care clinics need to change to be health homes and PCMHs. It was followed by a CMH Regional Board Meeting. Lynda Zeller, Deputy Director of the MDCH Bureau of Behavioral Health and Developmental Disabilities Administration, joined the group for discussion on the status of planning for individuals who are both Medicaid and Medicare eligible, and other MDCH planning issues.

Finally, on April 26, 2012, KCMHSAS hosted its Annual Breakfast at the Radisson Hotel in Downtown Kalamazoo. This year's agenda consisted of added open microphone time for comments and



Left to right: Jeff Patton, Patrick Kennedy and Moses Walker

feedback from those who chose to speak. The keynote speaker for the event was former Congressman Patrick Kennedy. Mr. Kennedy served 16 years in the United States House of Representatives, representing Rhode Island's first congressional district.

He distinguished himself as a leader in Congress on issues of health care, science, veterans, technology, civil rights, and mental health issues. He was the author and chief House sponsor of the Wellstone-Domenici Mental Health Parity and Addiction Equity Act of 2008, an act that expanded access to mental health services to over 100 million Americans.

Since leaving office in January 2011, Patrick Kennedy has promoted research into neuroscience, including illnesses like depression, addiction and post-traumatic stress disorder. He created an initiative called The Next Frontier, a united public and private research campaign to prevent, diagnose, treat, and cure all major brain disorders that afflict millions of Americans today. The breakfast was attended by 500 participants, and was followed with a mental health parity forum.

I hope you enjoy this edition of the KCMHSAS newsletter and as always, we challenge each and every one of you to get involved as we continue to work to improve the services provided by the Kalamazoo Community Mental Health and Substance Abuse Services.

Best Regards

Jeff Patton
Chief Executive Officer

Children's Mental Health Awareness Carnival

The 7th Annual Kalamazoo Wraps System of Care National Children's Mental Health Awareness Day Carnival was a huge success! On Thursday, May 3, 2012 over 2,800 gathered to celebrate children's mental health at the Kalamazoo Expo Center/Fairgrounds.

Each year, our community has worked hard to build on the success of the past year's event and as a result, the Carnival event has continued to grow and improve. This year there were: 2,500+ Attendees, 160+ Carnival Volunteers/Staff, 50+ Informational Booths and Activities, 150+ Booth and Activities Participants (including 50 entertainers), resulting in a total of 2,800+ people at the event.

The event provides a relaxed and fun atmosphere for positive interactions between service providers and the public. Businesses and agencies that provide services for youth and families host booths with information about the services they provide, including a fun activity for the youth to do while their caregivers are interacting with the service providers. There are also many

fun and interesting activities and entertainment for everyone to enjoy! This year we had the MRC Drummers, Magician Alan Kazam, Balloon Twisters, Face Painters, a Ukulele Duo, Irish Dancers, Zumba, African Dancers, Critchlow's Alligator Sanctuary, CAY performers and many more! The Mascot race was exciting and the mounted officers were a big hit with the youth!

We've worked hard to ensure our Carnival celebrating National Children's Mental Health Awareness Day is absolutely free to attend, because we want everyone to have a great time while learning about children's mental health and the services for youth and families in Kalamazoo. We'd like to thank the following system of care community partners who have generously co-sponsored the Carnival by giving of their time, funds, and energy: Kalamazoo Outlaws, United Healthcare, Gordon Water, Omnicare, Smashburger, Bronson Healthcare Group, Residential Opportunities, Inc., Forest View Hospital, Advocacy Services for Kids, Becca Sanders, Goggin Rental, and Family and Children Services.

Thank you for your support of Kalamazoo's youth and families!

Congratulations KCMHSAS Staff

Congratulations to KCMHSAS staff member Bob Butkiewicz who recently earned the Best Oral Presentation award at the 30th annual Michigan State University/Kalamazoo Center for Medical Studies Research Day. Bob's presentation, "Reduced Psychiatric Hospitalization Days, Emer-

gency Department Visits and Jail Days Associated with Mental Health Recovery Court Participation," received the top award of the MSU/KCMS event. Bob partnered with MSU/KCMH researcher Catherine Kothari for the presentation and the award is more recognition of the efforts of Bob and other KCMHSAS staff in their work with the

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Board of Directors

- Moses Walker, Chair
- Patricia Guenther, Vice Chair
- Carolyn Alford
- Dr. Carol Black
- Dianne Blink
- Vicki Carr
- Erik Krogh
- Peggy Malnight
- Denise Martineau
- Michael Seals
- Sharon Spears

KCMHSAS 2012 Meetings

2012 KCMHSAS Board Meeting Dates

June 25, 2012 at 6:00 PM

July 23, 2012 at 6:00 PM

August 27, 2012 at 6:00 PM

Meetings are held in Conference Room A at 418 W. Kalamazoo Ave.

SW Michigan Substance Abuse Advisory Council Meeting Dates

June 18, 2012 at 4:00 PM

July 16, 2012 at 4:00 PM

August 20, 2012 at 4:00 PM

Meetings are held in Conference Room A & B at 418 W. Kalamazoo Ave.

Recipient Rights Advisory Meeting

July 25, 2012 at 12:00 PM

September 25, 2012 at 12:00 PM

Meetings are held in Conference Room C at 418 West Kalamazoo Ave.

Transformations Meeting

Every Tuesday at 3:00 PM

Meetings for peers are held in room 312 at the Recovery Institute 326 W. Kalamazoo Ave. (269) 343-6725

www.kazooemh.org